NOTES

1. Successful people have a strong orientation toward the future. Their attitude toward time—their "time horizon" influences choices and behavior in the short term. What are your goals? And where do you see yourself? Use this chart to map out your 5-year, 10-year, and 20-year goals in the areas of business success, financial independence, family/relationships, and health/fitness.

	Business Success	Financial Independence	Family and Relationships	Health and Fitness
In 5 years?				
In 10 years?				
In 20 years?				